

Lesson Plans: Student Development

Independent Living Skills

1. Paying Attention to the Environment

Frea, W. D., (1997). Reducing stereotypic behavior by teaching orienting responses to environmental stimuli. *Journal of the Association for Persons with Severe Handicaps*, 22, 28-35.

<http://www.nsttac.org/LessonPlanLibrary/42.pdf>

Money (Banking & Purchasing)

2. Withdrawing Money from an ATM

Cihak, D. F., Alberto, P. A., Kessler, K., & Taber, T. A. (2004). An investigation of instructional scheduling arrangements for community based instruction. *Research in Developmental Disabilities*, 25, 67-88.

http://www.nsttac.org/LessonPlanLibrary/43_67_82.pdf

3. Cashing Checks and Using an ATM

McDonnell, J. J., & Ferguson, B. (1989). An comparison of time delay and decreasing prompt hierarchy strategies in teaching banking skills to students with moderate handicaps. *Journal of Applied Behavior Analysis*, 22, 85-91.

<http://www.nsttac.org/LessonPlanLibrary/LessonPlanMcDonnellFergusonbanking.pdf>

4. Budgeting and Banking skills

Cuvo, A. J., Davis, P., & Gluck, M. S. (1991). Cumulative and interspersal task sequencing in self-paced training for persons with mild handicaps. *Mental Retardation*, 29, 335-342.

<http://www.nsttac.org/LessonPlanLibrary/44.pdf>

5. Purchasing Using a Debit Card

Cihak, D. F., Alberto, P. A., Kessler, K., & Taber, T. A. (2004). An investigation of instructional scheduling arrangements for community based instruction. *Research in Developmental Disabilities*, 25, 67-88.

<http://www.nsttac.org/LessonPlanLibrary/45.pdf>

6. Purchasing Using the One-More-Than technique

Denny, P., & Test, D. (1995). Using the one-more-than technique to teach money counting to individuals with moderate mental retardation: A systematic replication. *Education & Treatment of Children*, 18, 422-32.

<http://www.nsttac.org/LessonPlanLibrary/46.pdf>

7. Purchasing Using the Counting-On Strategy

Cihak, D. F., & Grim, J. (2008). Teaching students with autism spectrum disorder and moderate intellectual disabilities to use counting-on strategies to enhance independent purchasing skills. *Research in Autism Spectrum Disorders*, 2, 716-727.

<http://www.nsttac.org/LessonPlanLibrary/LessonPlanCihakandGrim2008nextdollar.pdf>

8. Purchasing Items Using the Next Dollar Strategy

Colyer, S. P., & Collins, B. C. (1996). Using natural cues within prompt levels to teach the next dollar strategy to students with disabilities. *The Journal of Special Education*, 30, 305-318.

<http://www.nsttac.org/LessonPlanLibrary/LessonPlanColyerCollinsnextdollar.pdf>

9. Purchasing Skills Using Videotape Modeling and In Vivo Instruction

Haring, T.G., Breen, C. G., Weiner, J., Kennedy, C. H., & Bednersh, F. (1995). Using videotape modeling to facilitate generalized purchasing skills. *Journal of Behavioral Education*, 5, 29-53.

<http://www.nsttac.org/LessonPlanLibrary/47.pdf>

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10. Purchasing Skills Across Community Settings

Haring, T. G., Kennedy, C. H., Adams, M. J., & Pitts-Conway, V. (1987). Teaching generalization of purchasing skills across community settings to autistic youth using videotape modeling. *Journal of Applied Behavior Analysis*, 20, 89-96.

http://www.nsttac.org/LessonPlanLibrary/48_84.pdf

Grocery Shopping (Specific Purchasing Skill)

11. Shopping List Preparation, Locating, and Purchasing Items

Gaule, K., Nietupski, J., & Certo, N. (1985). Teaching supermarket shopping skills using an adaptive shopping list. *Education and Training of the Mentally Retarded*, 20, 53-59.

<http://www.nsttac.org/LessonPlanLibrary/49.pdf>

12. Grocery Shopping Using Computer Based Instruction

Mechling, L. C., Gast, D. L., & Langone, J. (2002). Computer-based video instruction to teach persons with moderate intellectual disabilities to read grocery aisle signs and locate items. *The Journal of Special Education*, 35, 224-240.

<http://www.nsttac.org/LessonPlanLibrary/49.pdf>

13. Purchasing Grocery Items

Nietupski, J., Welch, J., & Wacker, D. (1983). Acquisition, maintenance, and transfer of grocery item purchasing skills by moderately and severely handicapped students. *Education and Training of the Mentally Retarded*, 18, 279-286.

<http://www.nsttac.org/LessonPlanLibrary/51.pdf>

14. Selecting Lower Priced Grocery Items

Sandknop, P. A., Schuster, J. W., Wolery, M., & Cross, D. P. (1992). The use of an adaptive device to teach students with moderate mental retardation to select lower priced grocery items. *Education and Training in Mental Retardation*, 27, 219-229.

<http://www.nsttac.org/LessonPlanLibrary/52.pdf>

Restaurant Skills

15. Ordering in a Restaurant

Mechling, L. C., & Cronin, (2006). Computer-based video instruction to teach the use of augmentative and alternative communication devices for ordering at fast food restaurants. *The Journal of Special Education*, 39, 234-245.

<http://www.nsttac.org/LessonPlanLibrary/60.pdf>